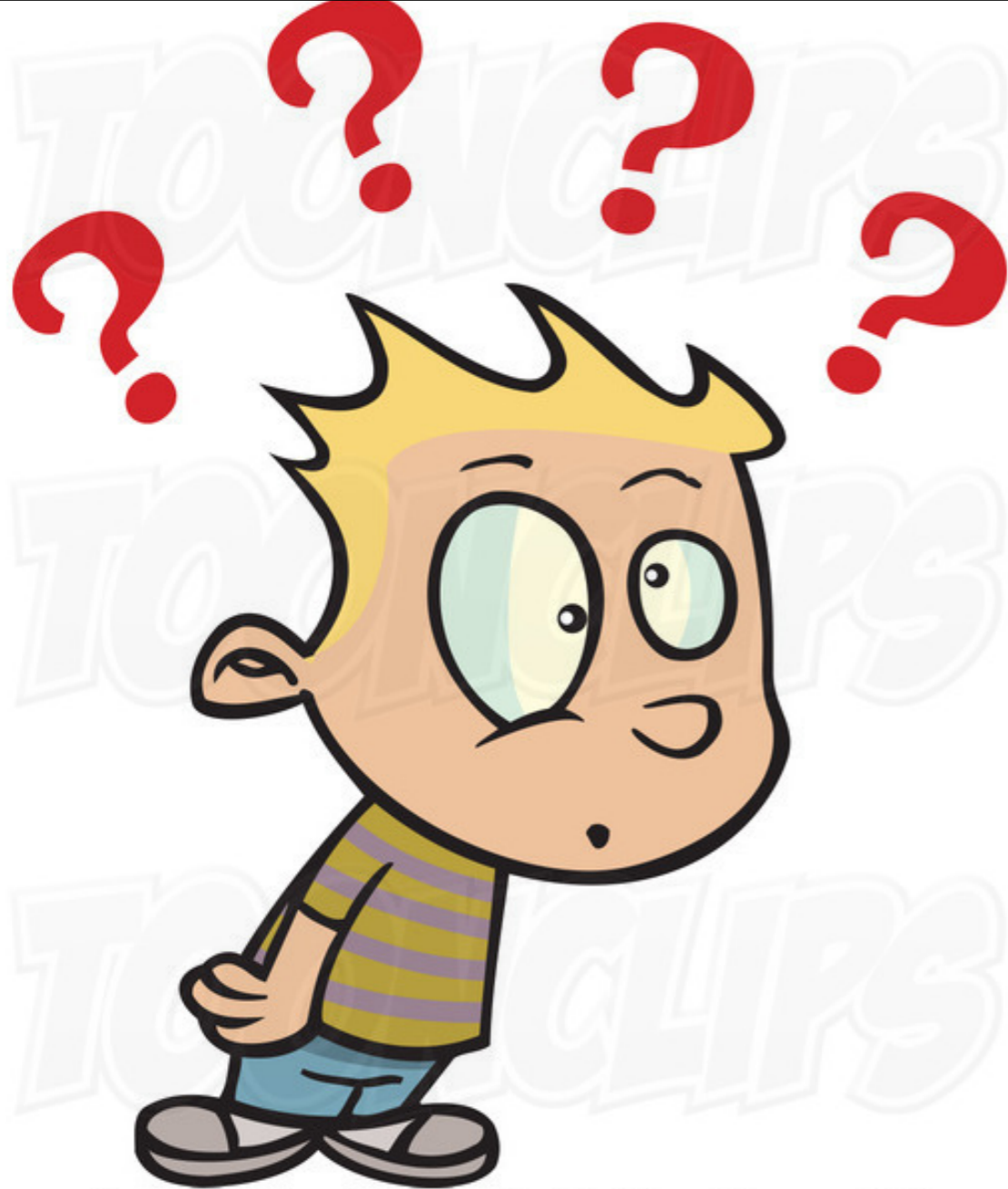


Ablation des masses extrarénaux

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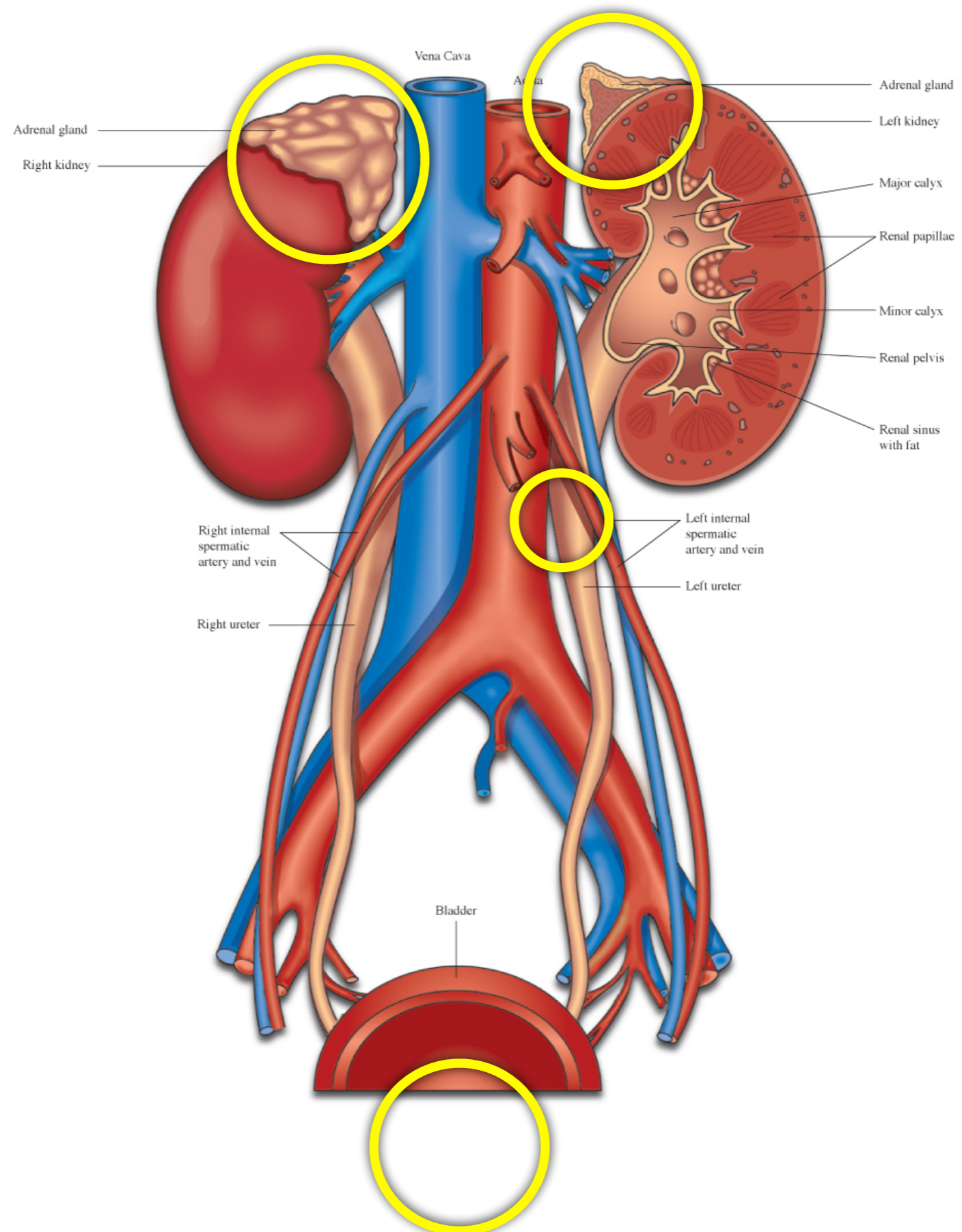


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je suis confus !!!!

Extrarenal ???





Introduction

- Adrenal lesions are frequently encountered - 4-6% of all imaging studies
- Can be non functioning adenomas, functioning adenomas or neoplasms - primary or secondary
- Surgical resection is the mainstay of therapy in primary tumours and functioning adenomas
- Resection of isolated metastasis offers survival benefit
- Co-morbid issues may make surgery difficult

Adrenal gland ablation

Size = generally < 5 cm

- Isolated adrenal metastasis
- Adrenal metastasis from RCC
- Primary adrenal carcinoma, including recurrence
- Conn's adenoma and other functioning adenomas like cortisol secreting
- Pheochromocytoma

Techniques

- Radiofrequency ablation
- Alcohol ablation
- Cryoablation
- Microwave ablation

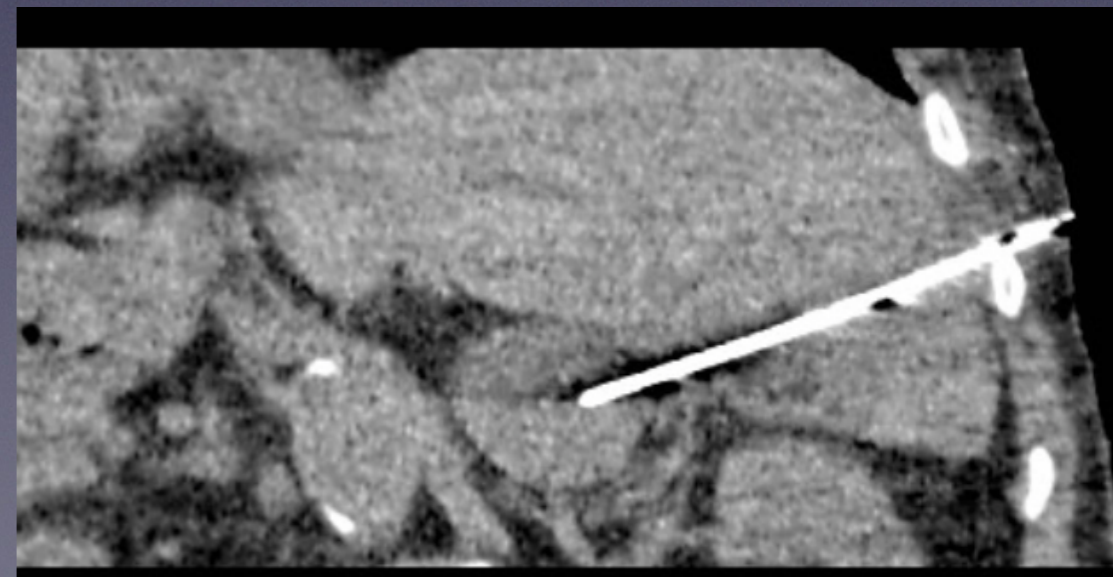
Patient preparation and planning

- Pre procedure adrenergic blockage to prevent catecholamine surge
- Anaesthetic check up. Adequate volume correction
- Propensity to bleed

Variable	With α -Blocker Premedication ($n = 7$)*	Without α -Blocker Premedication ($n = 5$)*	<i>P</i> Value
Δ SBP	67 (38, 122)	114 (74, 179)	.034
Δ DBP	24 (-2, 64)	45 (26, 104)	.07
Δ PP	44 (14, 67)	65 (38, 75)	.17
Δ MAP	38 (12, 83)	68 (42, 129)	.06

Strategies to target the adrenal gland

- Angled gantry
- Prone caudo cranial access
- Transhepatic access
- Ipsilateral decubitus position
- Hydrodissection
- Pre op embolisation



Assessment of Early Treatment Response With DWI After CT-Guided Radiofrequency Ablation of Functioning Adrenal Adenomas.

Nunes TF¹, Szejnfeld D¹, Szejnfeld J¹, Kater CE², Faintuch S³, Castro CH⁴, Goldman SM¹.

Technical success defined as :
normalisation of hormones
Complete necrosis of adrenal lesion

16/17 lesions complete success

Comparison of radiofrequency ablation versus laparoscopic adrenalectomy for benign aldosterone-producing adenoma.

Yang MH¹, Tyan YS², Huang YH^{3,4}, Wang SC¹, Chen SL^{5,6}.

Treatment success: 100% in RFA group vs 94.5% in LA group
Less pain and hospital stay in the RFA group

Clinical Outcomes following Percutaneous Radiofrequency Ablation of Unilateral Aldosterone-Producing Adenoma: Comparison with Adrenalectomy.

Sarwar A¹, Brook OR², Vaidya A², Sacks AC³, Sacks BA⁴, Goldberg SN⁴, Ahmed M⁴, Faintuch S⁴.

	RFA	Adrenalectomy	p value
Number	12	32	
Size	1.8cm	1.9 cm	NS
BP	145/94	144/89	NS
No of medications	3.0	2.7	NS
Serum pottasium	3.2	3.5	NS

	RFA	Adrenalectomy	p value
BP	129/81	128/85	NS
No of medications ↓	58%	40%	NS
Serum pottasium	4.2	4.3	NS
Length of stay	0.6 d	1.7d	NS
Complications	0%	15%	p<0.05
Blood loss	1.2 ml	40 ml	p<0.05

Summary of studies of functioning adenomas

Author	Year	Type of ablation	Tumor no.	Patient no.	Type of functioning tumor	Tumor size (cm)	Resolution of Biochemical marker	Follow-up	Residual or recurrence	Complication
Arima et al ⁷	2007	RFA	4	4	Cortisol-secreting adenoma	2.7 ± 0.6 (2.0–3.5)	All patients (100%)	33 mo (20–46 mo)	25% (¼) after first ablation, 0% after second ablation	Pneumothorax (n = 1)
Xiao et al ⁹	2008	PAI, PEI	15	12	Aldosteronoma (n = 11), cortisol-secreting adenoma (n = 6)	2.8 ± 0.7 (2.1–4.4)	All patients (100%)	2 y	0%	No
Mendiratta-Lala et al ⁵	2010	RFA	13	13	Aldosteronoma (n = 10), cortisol-secreting adenoma (n = 1), testosterone-secreting adenoma (n = 1), pheochromocytoma (n = 1)	< 3.2 (1.0–3.2)	All patients (100%)	21.2 mo (6–60 mo)	0%	Small pneumothorax (n = 1) Limited hemothorax (n = 1) Self-limited procedural hypertension (n = 2)
Liu et al ⁶	2010	RFA	24	24	Aldosteronoma	1.6 (0.4–2.5)	23 of 24 patients (95.8%)	21.2 mo (6.1–38.5 mo)	0%	Small pneumothorax (n = 1) Retroperitoneal hematoma (n = 3)

Summary of studies of neoplasms

Author	Year	Type of ablation	Tumor no.	Patient no.	Type of tumor	Tumor size	Follow-up	Local residual or recurrence rate	Complication	Prognosis
Shibata et al ¹⁷	2000	PEI	9	7	Metastasis from HCC	3.8 cm (2.5–6.0 cm)	19.3 mo (6–36 mo)	33% (3/9)	Adrenal insufficiency (<i>n</i> = 1)	3 patients (42.9%) died at 8–36 mo 4 patients (57.1%) are alive at 6–28 mo
Wood et al ¹²	2003	RFA	15	8	Primary adrenal ca. and adrenal ca. metastasis to other sites	4.3 cm (1.5–9.0 cm)	10.3 mo (1–20 mo)	20% (3/15)	No	NA
Mayo-Smith and Dupuy ⁸	2004	RFA	11	10	Metastasis from lung ca. (<i>n</i> = 5), RCC (<i>n</i> = 4), melanoma (<i>n</i> = 2)	3.9 cm (1–8 cm)	11.2 mo (1–46 mo)	18.2% (2/11)	Small hematoma (<i>n</i> = 1) Adrenal insufficiency (<i>n</i> = 1)	6 of 10 patients (60%) died at 3–16 months
Xiao et al ⁹	2008	ACI, PEI	20	14	Metastasis from lung ca. (<i>n</i> = 9), liver ca (<i>n</i> = 6), gastric ca. (<i>n</i> = 3), RCC (<i>n</i> = 2)	5.9 cm (3.1–8.6 cm)	24 mo	70% (14/20)	No	5 of 14 patients (35.7%) died at 2 years
Welch et al ¹⁹	2011	CA	12	12	Metastasis from RCC (<i>n</i> = 6), HCC (<i>n</i> = 1), lung ca. (<i>n</i> = 2), others (<i>n</i> = 3)	2.7 cm (1.2–4.5 cm)	18 mo (3–55 mo)	9.1% (1/11)	Hypertensive crisis (<i>n</i> = 6)	NA
Yamakado et al ¹⁴	2009	TACE + RFA	8	6	Metastasis from HCC	5.2 ± 1.8 cm (3.5–8.0 cm)	37.7 mo (4.0–70.9 mo)	25% (2/8)	No	Median survival time, 24.9 months
Li et al ¹⁸	2011	MW	10	9	Primary adrenal ca. (<i>n</i> = 1), adrenal metastasis (<i>n</i> = 9)	3.8 cm (2.1–6.1 cm)	11.3 (3–37)	10% after first ablation, 0% after second ablation	Hypertensive crisis (<i>n</i> = 1)	NA
Wolf et al ¹⁰	2012	RFA, MW	20	19	Metastasis from RCC (<i>n</i> = 7), lung ca. (<i>n</i> = 8), HCC (<i>n</i> = 1), others (<i>n</i> = 4)	4.2 cm (2–8 cm)	14.1 mo (1–67 mo)	15% after first ablation, 5% after reablation	Hypertensive crisis (<i>n</i> = 2)	16 of 19 patients (84.2%) died during follow-up

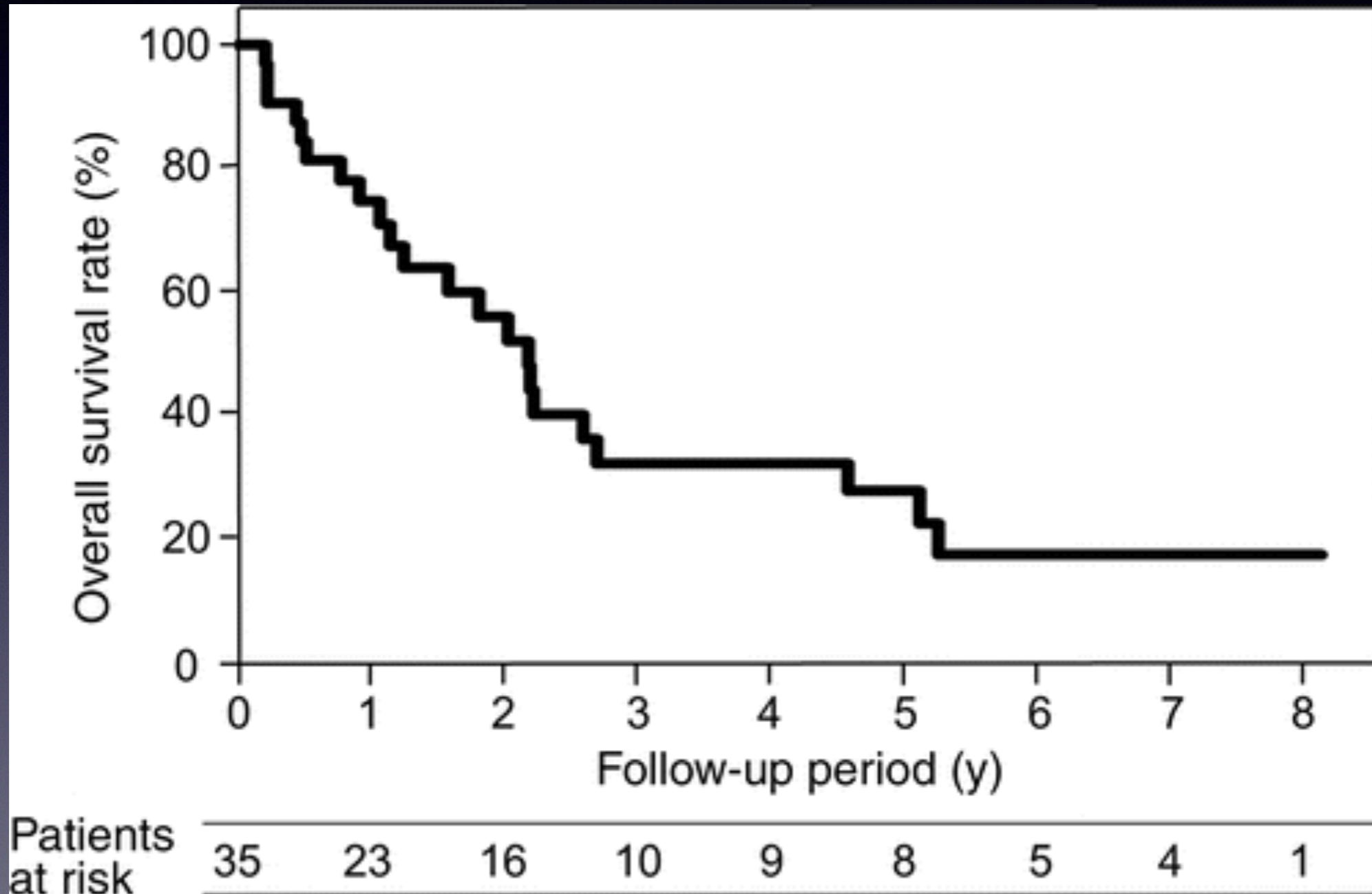
Urology. 2009 Dec;74(6):1341-3. doi: 10.1016/j.urology.2009.06.058. Epub 2009 Sep 25.

Radio-frequency ablation of solitary adrenal gland metastasis from renal cell carcinoma.

Mouracade P¹, Dettloff H, Schneider M, Debras B, Jung JL.

Can be very delayed - 5 years:
excellent local control rates

Treating metastasis



J Vasc Interv Radiol. 2016 Mar;27(3):395-402. doi: 10.1016/j.jvir.2015.11.034. Epub 2015 Dec 24.

Catecholamine Surge during Image-Guided Ablation of Adrenal Gland Metastases: Predictors, Consequences, and Recommendations for Management.

Fintelmann FJ¹, Tuncali K², Puchner S³, Gervais DA³, Thabet A³, Shyn PB², Arellano RS³, Tatli S², Mueller PR³, Silverman SG², Uppot RN³.

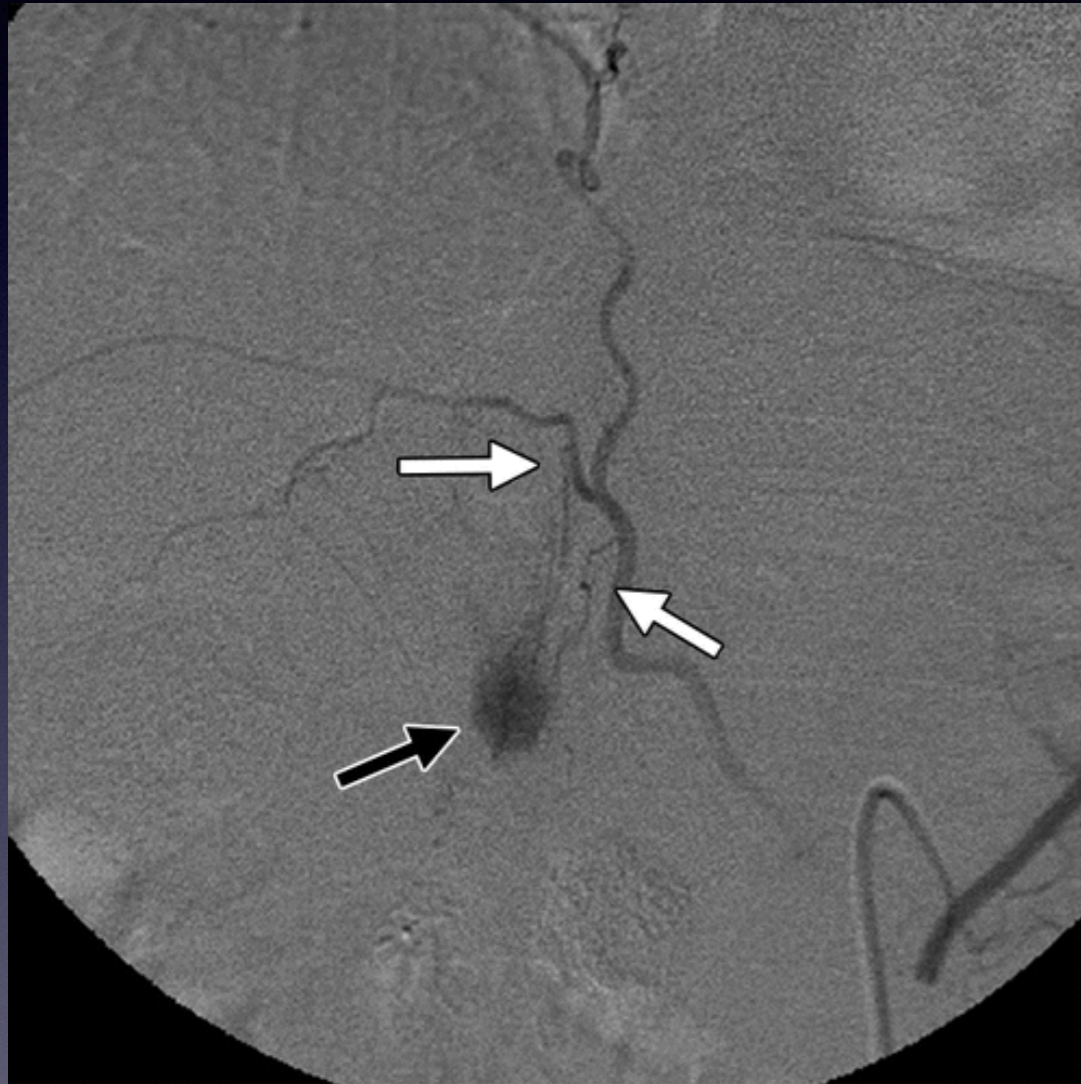
- Hypertensive crisis in 43%
- More in smaller tumours, those with functioning adrenal tissue



Post curative lobectomy for lung cancer



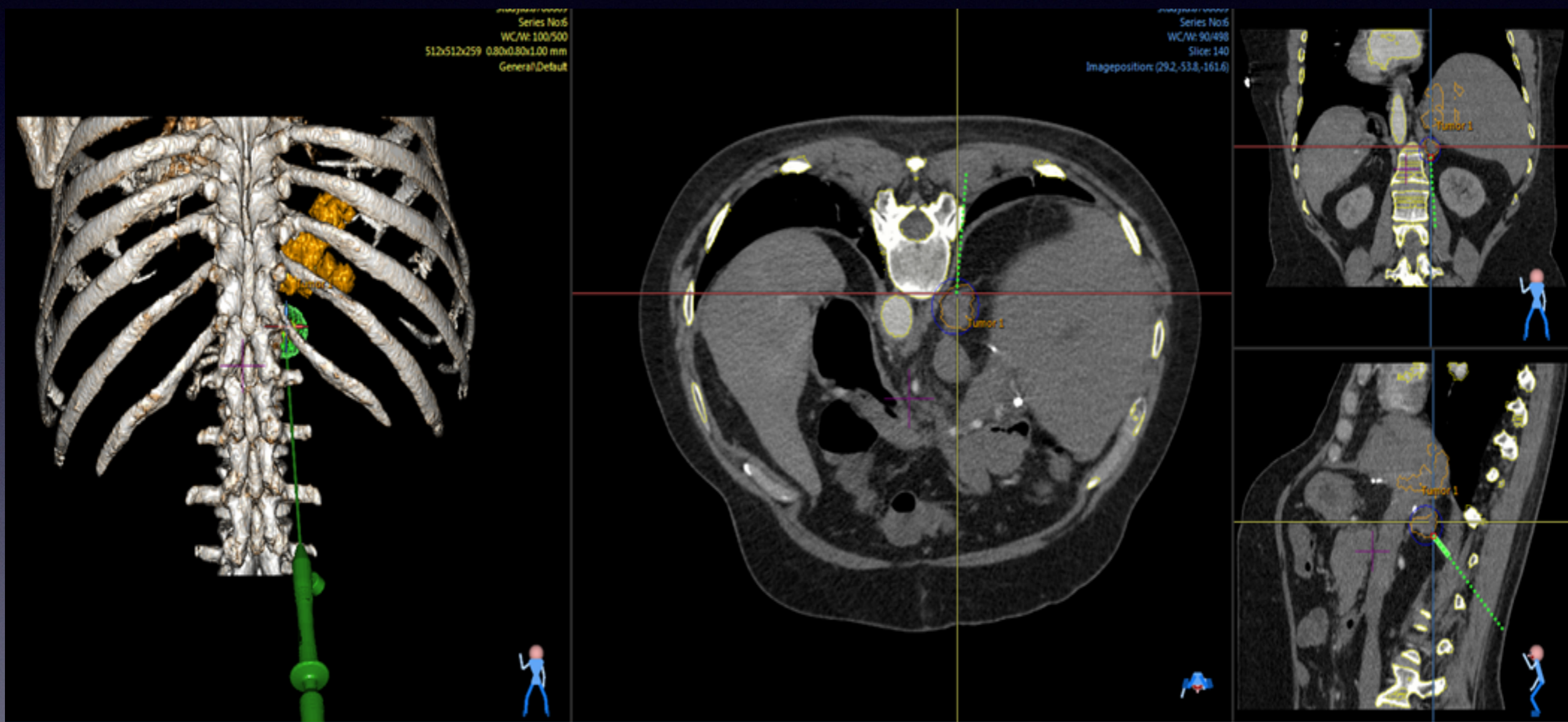
4 year follow up



For hypervascular
tumours



64 year old man with HCC
Slow growing adrenal lesion



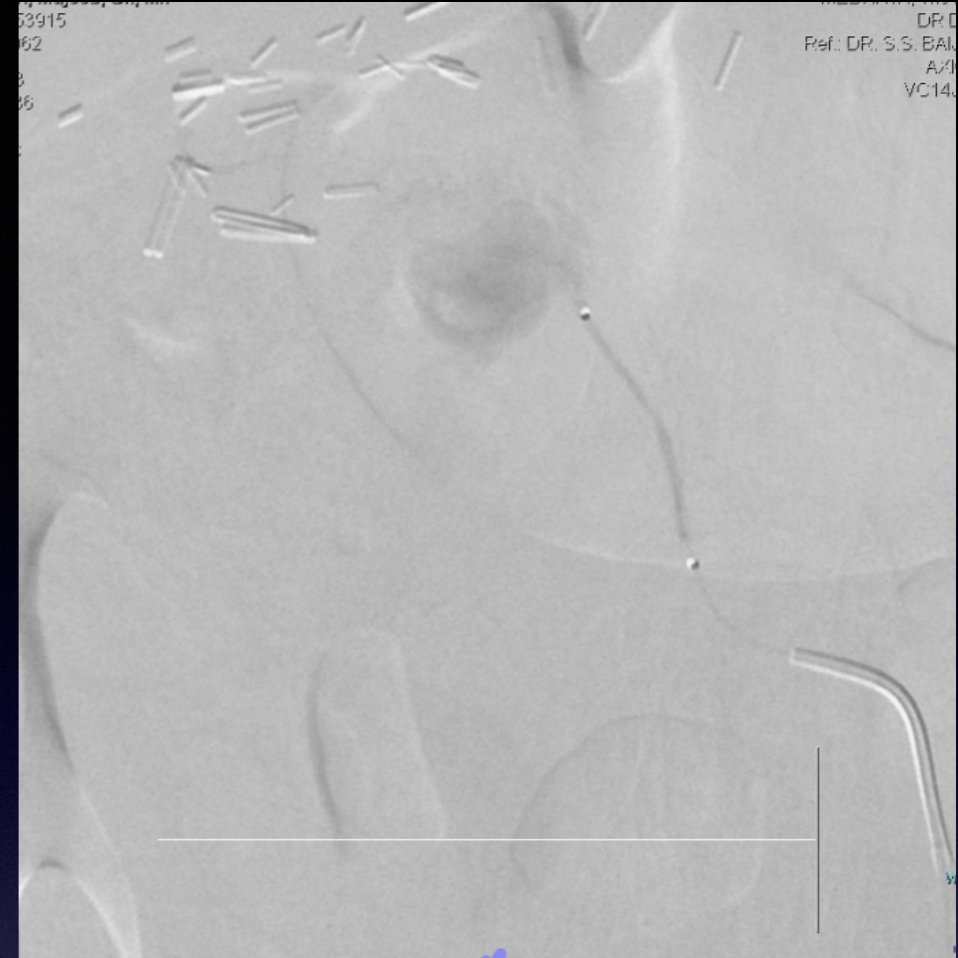
MAXIO robotic guidance



Post ablation arterial



Post ablation venous



Conclusion

- Adrenal gland ablation is an unrecognised, under-utilised but excellent technique to treat small functional tumours or small neoplasms
- Results are as good as surgery in the short term
- Longer term studies are required.

Je vous remercie

